

## Our Programs at a Glance

### Mending Arts<sup>SM</sup>

- After school and summer workshops are held 1 to 2 hours once a week in different 10-week thematic series for children experiencing the effects of trauma, grief, loss, separation, maltreatment or neglect
- Referred youngsters are screened by a licensed psychologist who is a creative arts therapist. Children are grouped according to age, gender, abilities, needs, and interests
- Special programs have been designed to reach children who do not respond well to traditional therapy
- Mending Arts<sup>SM</sup> can also provide an adjunctive opportunity for healing
- Transportation, snacks, and certificates of completion are provided

### Tender Arts<sup>SM</sup>

- Innovative custom workshops are designed for children and adolescents with physical and developmental disabilities or serious illness
- Special emphasis is placed upon youngsters without sophisticated verbal or abstract thinking skills
- The experienced creative arts therapists and teaching artists facilitating the program are available to meet with school personnel and relevant staff to ensure that all projects are appropriately tailored to meet the needs of each child
- Arrangements for in-home pet therapy visits may also be available to children with disabilities or illnesses who are in need of non-threatening sensory experiences

### Creature Comforts<sup>SM</sup>

- We provide trained canine assisted therapy integrated into our arts programs and homebound services as needed. Our facility dog has been trained by CANINE COMPANIONS for Independence.

## How you can help

### Volunteer Heartworkers<sup>SM</sup>

- Community volunteers are carefully recruited, screened, trained, and supervised to provide assistance to creative arts therapists and teaching artists in all programs.
- Volunteers also assist in fundraising and with our annual holiday drive. Volunteers do not have to possess extraordinary artistic ability. They simply must believe in the healing power of the arts, enjoy working with youngsters, and be dedicated to making a difference in their lives.

### Noteworthy Funding

Funding has been made possible in part by the following contributors:

- Arts Council of the Morris Area/Dodge Foundation Partnership Grants Program
- Arts Council of the Morris Area through the New Jersey State Council on the Arts/ Department of State, as partnering agency of the National Endowment of the Arts
- The Edward E. Matthews and Marie L. Matthews Foundation
- The Hyde and Watson Foundation
- The Jockey Hollow Foundation
- The Layden Family Foundation

Product and individual donations are also accepted. Contributions are tax deductible to the extent permitted by the Internal Revenue Service.

For more information contact:  
**Creative Heartwork, Inc.**<sup>SM</sup>

Karen D. Carbonello, MA

PRESIDENT

Telephone (973) 543-4449

Telefax (973) 543-2240

Karen@creativeheartwork.org

*“the heart of  
healing children”<sup>SM</sup>*

*Creative  
Heartwork*<sup>SM</sup>

**Providing healing arts  
programs for children  
and adolescents**

Visit us at  
[www.creativeheartwork.org](http://www.creativeheartwork.org)

Creative Heartwork, Inc <sup>SM</sup> is a 501(C)(3)  
charitable organization.

## Who we are

Creative Heartwork, Inc.<sup>SM</sup> is an organization formed to improve the lives of children and adolescents suffering from the often painful challenges of trauma, loss, separation, maltreatment, serious illness, or disability by providing healing programs that utilize the performing, visual, media, literary, and culinary arts or other creative means. Our goal is to provide opportunities for youngsters to reexamine their experiences, channel their emotions, enhance resiliency, renew trust, and encourage healthy adjustment to circumstances beyond their control. Programs are designed to promote self-esteem, reinforce children's pride in accomplishment, and foster a sense of childhood joy, creativity and exuberance while encouraging the development of artistic and interpersonal skills. The arts provide experiences that enable young people to express themselves beyond spoken language and can offer safe release of overwhelming emotions.

Utilizing the skills of board certified master's level creative arts therapists and trained teaching artists, Creative Heartwork, Inc.<sup>SM</sup> provides a safe and rich environment to promote healing through artistic experiences for children and adolescents in need. Our artists have included Broadway actors, musicians, and dancers, award-winning photographers and artists, and professional designers. Future workshops may also include sculptors, media and fashion designers, woodworkers, craftspersons, and chefs. Creative Heartwork, Inc.<sup>SM</sup> believes in the healing power of the arts and that they can promote resiliency of the human spirit. Our philosophy is that through small group interaction led by professionals, children and teens can release anger, sadness, and pain, experience the sheer joy of the arts, and learn to heal and grow.

## What we do

Utilizing art, dance, drama, poetry, media, and culinary arts, horticulture, or other creative outlets, participants have the opportunity to learn through self-discovery and artistic involvement the value of releasing feelings associated with trauma, loss, illness, or reduced capacity, and engage in alternative healthy behaviors and experiences. Workshops offer experimentation with media not commonly found in a classroom setting and provide the healing benefits of the artistic process. Individual and group projects are chosen to promote creative problem solving, strengthen individual and social skills, and provide appropriate controlled and guided sensory stimulation. Call for enrollment criteria, applications, locations, and schedules of workshops. Waiting lists are currently being established for all programs. Transportation, snacks, and certificates of completion are provided.



## Who is eligible for services

Youngsters age 6 to 17 experiencing

### TRAUMA

- Witnesses of crime or violence
- Victims of abuse or neglect
- Victims or witnesses of acts of war or terrorism

### LOSS

- Death or separation
- Divorce
- Relocation (including foster care placement and adoption)

### DISABILITY

- Varying levels of emotional or behavioral problems
- Developmental disabilities or delays
- Loss or limit of mobility
- Receptive or expressive communication deficits

### SERIOUS ILLNESS

- Chronic illnesses such as asthma or diabetes
- Undergoing chemotherapy
- Undergoing physical rehabilitation

We serve youngsters who are affected by radical changes not only in their lives, but also in the lives of those they love. Referrals for most of our programs come from private licensed psychologists and social workers, pediatricians, school counselors, victim advocates, substance abuse counselors, and rehabilitation therapists. Professionals from mental health and social service agencies, shelters, hospitals, hospices, Family Court, correctional, and residential facilities also provide referrals. Referrals from parents are accepted for appropriate services.